



Holy Apostles

GREEK ORTHODOX CHURCH

Sunday before the Elevation of the Cross

SEPTEMBER 13, 2026

CONTACT

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PRIEST

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WELCOME VISITORS

Whether you are an Orthodox Christian new to the area or this is your first time visiting an Orthodox Church, we warmly welcome you to Holy Apostles. We are so glad you are here. If you have any questions, an usher or greeter would be glad to help.

HOLY COMMUNION

Holy Communion is offered to baptized and chrismated Orthodox Christians who have prepared through fasting and prayer. At the close of the service, please come up to receive antidoron (blessed bread) which is offered to all.

A GUIDE TO THE SERVICE

The Divine Liturgy begins on page 19 of the hymnal at your seat. This bulletin contains elements of the service that change weekly, including variable hymns, readings, and prayers.



Growing Christ's Church Nourishing a Community of Love

Holy Apostles is a community of love and transformation in Christ. Our mission is to be an extended village, welcoming and encouraging both adults and children to participate in the Orthodox Christian Faith, as we grow together, like the Holy Apostles, to know, love and serve Jesus Christ.

Orthros Gospel: Luke 24:1-12

Mode pl. 2

Saints and Feasts

The Sunday before the Elevation of the Cross; the Consecration of the Church of the Holy Resurrection;
the Forefast of the Elevation of the Holy and Life-giving Cross

Resurrectional Apolytikion (Hymnal p. 119)

The angelic powers appeared at your tomb, the soldiers guarding it became as dead men, and Mary stood at your grave seeking, seeking your most pure body. But you made hell a captive; you were untouched by its might. You came to the virgin and granted life. O Lord, who rose from the dead, glory to you.

The Antiphons

The First Antiphon

Refrain after each verse:

Through the intercessions of the
Theotokos, Savior, save us.

The Second Antiphon

Refrain after each verse:

Save us, O Son of God, Who rose
from the dead; save us who sing to
You: Alleluia.

The Third Antiphon

After each verse:

Resurrectional Apolytikion
See above

The Small Entrance

Priest: “Wisdom. Let us be attentive!” (Σοφία, ὁρθοί! | Sofía, orthí!)

People: Come, let us worship and bow down before Christ. Save us, O Son of God,
Who rose from the dead; save us who sing to You: Alleluia.

Resurrectional Apolytikion (see above)

Apolytikion of the Forefast of the Cross (Choir)

O benevolent Lord, as an intercessor we present to You the life-giving Cross of Your goodness, which we the unworthy have as a gift from You. Save our leaders and our nation and keep them in peace, through the Theotokos.

Apolytikion of the Consecration (Choir)

You have made the earthly beauty of the holy tabernacle of Your glory to be like the majesty of the firmament on high, O Lord. Make it strong forever and ever, and accept our supplications that we unceasingly bring to You there, at the intercession of the Theotokos.
For You are the life and resurrection of all.

Apolytikion of Holy Apostles (Hymnal inside front cover)

O holy Apostles, intercede with the merciful God, that He may grant to us forgiveness for our sinful souls.

Kontakion of the Consecration (*Choir*)

Lord, Your Church appears to us to be like heaven full of light, and guides with light all who believe in You, O Christ. And we who stand in it cry to You: Savior, establish forever this holy house.

*The Epistle***Prokeimenon. Mode pl. 2. Psalm 27**

Reader: O Lord, save Your people, and bless Your inheritance.

Verses: *To You, O Lord, I cry; O my God.*

St. Paul's Letter to the Galatians 6:11-18

Brethren, see with what large letters I am writing to you with my own hand. It is those who want to make a good showing in the flesh that would compel you to be circumcised, and only in order that they may not be persecuted for the cross of Christ. For even those who receive circumcision do not themselves keep the law, but they desire to have you circumcised that they may glory in your flesh. But far be it from me to glory except in the cross of our Lord Jesus Christ, by which the world has been crucified to me, and I to the world.

For in Christ Jesus neither circumcision counts for anything, nor uncircumcision, but a new creation. Peace and mercy be upon all who walk by this rule, upon the Israel of God. Henceforth let no man trouble me; for I bear on my body the marks of Jesus. The grace of our Lord Jesus Christ be with your spirit, brethren. Amen.

*The Holy Gospel***The Reading is from the Gospel of John 3:13-17**

The Lord said, "No one has ascended into heaven but he who descended from heaven, the Son of man who is in heaven. And as Moses lifted up the serpent in the wilderness, so must the Son of man be lifted up, that whoever believes in him should not perish but have eternal life.

For God so loved the world that he gave his only-begotten Son, that whoever believes in him should not perish but have eternal life. For God sent the Son into the world, not to condemn the world, but that the world might be saved through him."

*The Liturgy of the Faithful***Second Communion Hymn (sung after 'Praise the Lord')** *Choir*

I love the beauty of Your house, O Lord, and the place where Your glory dwells. Alleluia.

Unless otherwise specified, events take place at Holy Apostles. For more information, please see website calendar and events page: holypostlesgo.org/calendar

Holy Communion— As you approach to receive Holy Communion, please help Fr. Rob by stating your baptismal name when he says, "The servant of God..." This simple practice is helpful and appreciated.

Feast of Elevation of the Holy Cross — Monday, Sep 14 • Orthros: 8:30 AM-9:30 AM; Divine Liturgy: 9:30 AM-11:00 AM — This feast day commemorates the finding of the True Cross of Christ by Saint Helen, mother of the Emperor Constantine.

Bible Study— Wednesdays beginning Sep 16 • 12:00 PM-1:00 PM • Online via Zoom: 838 6157 6484 — Josh Ensley facilitates weekly Bible online study. More info: tinyurl.com/ha-bible-study

Orthodoxy 101 — Wednesdays beginning Sep 16 • 7:00 PM-8:30 PM — Join us for an 8-week Introduction to Orthodoxy course. More info: tinyurl.com/ortho-101

Holy Apostles Teen Night — Friday, September 18 • 6:00 – 10:00pm — Join us for teen fun, food, and fellowship at the Hopkins home! All teens welcome—bring a friend. RSVP to Alice Hopkins (alice.hopkins@holypostlesgo.org | 206-227-0966) for the address.

Eight Dates — Continuing through Dec 2026 — Couples, make time for what matters most this fall with "Eight Dates," an online relationship enrichment series presented by the Family Wellness Ministry. Info and registration: familywellnessministry.org/eight-dates

Holy Apostles Sunday School — Love kids and sharing the beauty of Christ's Church? Holy Apostles is re-launching Sunday School as soon as our building allows! We are seeking teachers, co-teachers, and substitutes for our friendly, supportive team. Interested? Please reach out to Tammie Duskin, Erica Strauss, or email youth.ed@holypostlesgo.org.

Construction Reminders

- Bathrooms — Bathrooms are located outside, in the building with the metal ramps. Parents, please escort your kids to the bathroom. Please do not lock bathrooms from the inside.
- Building Safety and Children — During the remodel, please be extra attentive and do not allow children to wander into any construction areas.

Seattle Greek Festival at St. Demetrios — Friday, Oct 2 - Sunday, Oct 4 • St Demetrios, 2100 Boyer Ave E — Join our sister parish for their annual Greek Fest. Homemade Greek delicacies, live music, dancing & church tours.



Spaliatsos Family Open House

Thursday, Sept 17 • 5:30 - 7:30 PM | 23703 91st Ave West • Edmonds, WA

On the Feast Day of St. Sophia and her three daughters, Faith Hope, and Love, Fr. Rob, Pres. Sophia, and their family are excited to invite the community to celebrate Pres. Sophia and Agape's name day.

Fr. Rob will also take this opportunity to do a house blessing at 6:00 PM. Please join the Spaliatsos family in warming and blessing their new home here in Edmonds!

Pulled pork will be provided. Please feel free to bring a dish, side, dessert or beverage to share!

Download the Kandili
Daily Orthodox Prayer
App for iOS here:



Read the September
Monthly eBulletin:



Give to Holy Apostles:
manage your tithe, or
make a one-time gift:

