



Holy Apostles

GREEK ORTHODOX CHURCH

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WELCOME VISITORS

Whether you are an Orthodox Christian new to the area or this is your first time visiting an Orthodox Church, we warmly welcome you to Holy Apostles. We are so glad you are here. If you have any questions, an usher or greeter would be glad to help.

HOLY COMMUNION

Holy Communion is offered to baptized and chrismated Orthodox Christians who have prepared through fasting and prayer. At the close of the service, please come up to receive antidoron (blessed bread) which is offered to all.

A GUIDE TO THE SERVICE

The Divine Liturgy begins on page 19 of the hymnal at your seat. This bulletin contains elements of the service that change weekly, including variable hymns, readings, and prayers.

Sunday after the Elevation of the Cross

SEPTEMBER 20, 2026



Growing Christ's Church Nourishing a Community of Love

Holy Apostles is a community of love and transformation in Christ. Our mission is to be an extended village, welcoming and encouraging both adults and children to participate in the Orthodox Christian Faith, as we grow together, like the Holy Apostles, to know, love and serve Jesus Christ.

Orthros Gospel: Luke 24:12-35

Grave Mode

Saints and Feasts

The Sunday after the Elevation of the Cross; the Holy Great-martyr Eustathius and his Companions

Resurrectional Apolytikion (Hymnal p. 123)

By Your cross, O Lord, you destroyed death; to the thief you opened paradise. The myrrhbearers' sorrow you transformed into joy, and you sent your apostles forth to proclaim that you had risen from the dead, Christ our God, bestowing on all the world your great mercy.

The Antiphons

The First Antiphon
Refrain after each verse:

Through the intercessions of the
Theotokos, Savior, save us.

The Second Antiphon
Refrain after each verse:

Save us, O Son of God, who were
crucified in the flesh. Save us who
sing to You: Alleluia.

The Third Antiphon
After each verse:

Apolytikion of the Cross
Hymnal p 181 or see below

The Small Entrance

Priest: "Wisdom. Let us be attentive!" (Σοφία, ὁρθοί! | Sofía, orthí!)
People: Come, let us worship and bow down before Christ. Save us, O Son of God,
Who rose from the dead; save us who sing to You: Alleluia.

Resurrectional Apolytikion (see above)

Apolytikion of the Cross (Hymnal p. 181)

Save, O Lord, save Your people and bless Your inheritance. Give vict'ry to those who battle evil
and protect us all by Your holy cross.

Apolytikion of the Martyrs (Choir)

Your Martyrs, O Lord, were worthily awarded by You the crowns of incorruption, in that they contested for
You our immortal God. Since they possessed Your power, they defeated the tyrants, dashing the demons'
powerless displays of defiance. O Christ God, at their fervent entreaties, save our souls.

Apolytikion of Holy Apostles (Hymnal inside front cover)

O holy Apostles, intercede with the merciful God, that He may grant to us forgiveness for our sinful souls.

Kontakion of the Elevation (*Hymnal p. 233*)

Bestow Your mercies on the people called by Your name, Christ God, who freely let Yourself be raised on the cross. To all who battle evil give joy in Your pow'r, by gracing them with vict'ry over ev'ry foe, for having You as their ally they possess a weapon of peace, an invincible trophy of vict'ry.

*The Epistle***Prokeimenon. Grave Mode. Psalm 28**

Reader: The Lord will give strength to His people; the Lord will bless His people with peace.

Verses: *Bring to the Lord, O you sons of God, bring to the Lord glory and honor.*

St. Paul's Letter to the Galatians 2:16-20

Brethren, you know that a man is not justified by works of the law but through faith in Jesus Christ, even we have believed in Christ Jesus, in order to be justified by faith in Christ, and not by works of the law, because by works of the law shall no one be justified. But if, in our endeavor to be justified in Christ, we ourselves were found to be sinners, is Christ then an agent of sin? Certainly not!

But if I build up again those things which I tore down, then I prove myself a transgressor. For I through the law died to the law, that I might live to God. I have been crucified with Christ; it is no longer I who live, but Christ who lives in me; and the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me.

*The Holy Gospel***The Reading is from the Gospel of Mark 8:34-38; 9:1**

The Lord said: "If anyone wishes to come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it; and whoever loses his life for my sake and the gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his life? For what can a man give in return for his life?

For whoever is ashamed of me and my words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when he comes in the glory of his Father with the holy angels." And he said to them, "Truly, I say to you, there are some standing here who will not taste death before they see the kingdom of God come with power."

*The Liturgy of the Faithful***Second Communion Hymn (sung after 'Praise the Lord') Choir**

The righteous will be remembered for ever. Alleluia.

Unless otherwise specified, events take place at Holy Apostles. For more information, please see website calendar and events page: holypostlesgo.org/calendar

Holy Communion— As you approach to receive Holy Communion, please help Fr. Rob by stating your baptismal name when he says, "The servant of God..." This simple practice is helpful and appreciated.

Bible Study— Wednesday, Sep 23 • 12:00 PM-1:00 PM • Online via Zoom: 838 6157 6484 — Josh Ensley facilitates weekly Bible online study. Find more info: holypostlesgo.org/events

Orthodoxy 101 — Wednesday, Sep 23 • 7:00 PM-8:30 PM — Join us for an 8-week Introduction to Orthodoxy course. Find more info: holypostlesgo.org/events

Eight Dates: Essential Conversations for a Lifetime of Love — Thursday, Sep 24 • 6:30 PM-7:45 PM — This eight-session online series helps Orthodox couples at any stage strengthen communication and build lasting connection.

Feast of St. John the Evangelist — Saturday, Sep 26 • Orthros: 8:30 AM-9:30 AM; Divine Liturgy: 9:30 AM-11:00 AM — This day commemorates the life and writings of St. John, the beloved disciple of Christ.

Building Safety and Children — During the remodel, please be extra attentive and do not allow children to wander into any construction areas.

Check out **Kandili**, a beautiful and intuitive Orthodox daily readings app developed by our very own Holy Apostles parishioner, Brian Warren. Kandili offers daily Epistle and Gospel readings, Saints and Feasts, morning and evening prayers, and more. In the new year, try to spend at least a few prayerful minutes each day with the Scriptures and draw closer to Christ!

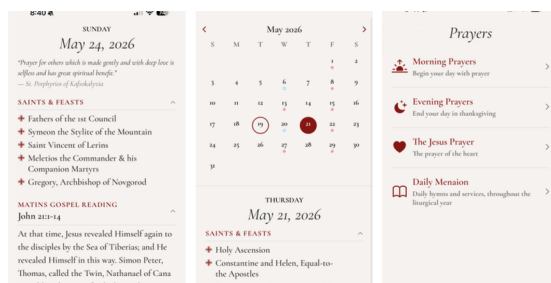
Scan the QR code below to download Kandili today!

Holy Apostles Sunday School — Love kids and sharing the beauty of Christ's Church? Holy Apostles is re-launching Sunday School as soon as our building allows! We are seeking teachers, co-teachers, and substitutes for our friendly, supportive team. Interested? Please reach out to Tammie Duskin, Erica Strauss, or email youth.ed@holypostlesgo.org.

Fr. Tom's Retirement Party — Save the date! Saturday, Nov 7th • 5:00 PM-8:30 PM — Tickets will go on sale soon for a celebration of Fr. Tom's 27 years of pastoral ministry at Holy Apostles. We hope you will be able to join us.

Seattle Greek Festival at St. Demetrios — Friday, Oct 2 - Sunday, Oct 4 • St Demetrios, 2100 Boyer Ave E — Join our sister parish for their annual Greek Fest. Homemade Greek delicacies, live music, dancing & church tours.

Nourishing Network Meal Packing — Tuesday, Oct 6 • 6:30 PM-7:30 PM • Edmonds Heights K12 School, 23200 100th Ave W, Edmonds, WA — Fun, fast-paced volunteer opportunity. Come pack meals for food-insecure kids in the Edmonds School District.



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Orthodox Reading
App for iOS:



Read the September
Monthly eBulletin



Donate to Holy
Apostles or manage
your tithe:!

