



Holy Apostles
ORTHODOX CHURCH

8th Sunday of Matthew

JULY 26, 2026

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WELCOME VISITORS

Whether you are an Orthodox Christian new to the area or this is your first time visiting an Orthodox Church, we warmly welcome you to Holy Apostles.

We are so glad you are here. If you have any questions, an usher or greeter would be glad to help.

HOLY COMMUNION

Holy Communion is offered to baptized and chrismated Orthodox Christians who have prepared through fasting and prayer. At the close of the service, please come up to receive antidoron (blessed bread) which is offered to all.

A GUIDE TO THE SERVICE

The Divine Liturgy begins on page 19 of the hymnal at your seat. This bulletin contains elements of the service that change each week, including the hymns, readings, and prayers.



Growing Christ's Church Nourishing a Community of Love

Holy Apostles is a community of love and transformation in Christ. Our mission is to be an extended village, welcoming and encouraging both adults and children to participate in the Orthodox Christian Faith, as we grow together, like the Holy Apostles, to know, love and serve Jesus Christ.

Orthros Gospel: John 20:11-18

Grave Mode

Saints and Feasts

The 8th Sunday of Matthew; the Holy Hieromartyrs Hermolaus, Hermippus, and Hermocrates; Paraskeve the Righteous Martyr of Rome; Prisca the Righteous Martyr; Moses the Hungarian; Jacob Netsvetov the Enlightener of Alaska

Resurrectional Apolytikion

Hymnal p. 123

By Your cross, O Lord, you destroyed death; to the thief you opened paradise. The myrrhbearers' sorrow you transformed into joy, and you sent your apostles forth to proclaim that you had risen from the dead, Christ our God, bestowing on all the world your great mercy.

The Antiphons

The First Antiphon

Refrain after each verse:

Through the intercessions of the Theotokos, Savior, save us.

The Second Antiphon

Refrain after each verse:

Save us, O Son of God, Who rose from the dead; save us who sing to You: Alleluia.

The Third Antiphon

After each verse:

Resurrectional Apolytikion
See above

The Small Entrance

Priest: "Wisdom. Let us be attentive!" (Σοφία, ὁρθοί! | Sofía, orthí!)

People: Come, let us worship and bow down before Christ. Save us, O Son of God, Who rose from the dead; save us who sing to You: Alleluia.

Resurrectional Apolytikion (see above)

Aplolytikion of St. Paraskevi (Choir)

Your diligence corresponded to your name, Paraskeve, which denotes preparedness. Through faith you inherited the promised dwelling that was prepared for you, O prize-winning Martyr. Therefore you pour out cures and healings, and you intercede on behalf of our souls.

Apolytikion of Holy Apostles (see above)

O holy Apostles, intercede with the merciful God, that He may grant to us forgiveness for our sinful souls.

Ordinary Kontakion (Hymnal p. 225)

O unfailing protection of Christians, and our faithful advocate before the Creator: though we are sinners, do not ignore our entreaty; but in your goodness, grant your timely help to us who appeal to you in faith. Quickly make intercession; on our behalf make speedy supplication, O Theotokos, for you always protect those who honor you.

The Epistle

Prokeimenon. Mode 4. Psalm 67

Reader: God is wondrous in His saints.

Verse: *Bless God in the churches.*

St. Paul's Letter to the Galatians 3:23-29; 4:1-5

Brethren, before faith came, we were confined under the law, kept under restraint until faith should be revealed. So that the law was our custodian until Christ came, that we might be justified by faith. But now that faith has come, we are no longer under a custodian; for in Christ Jesus you are all sons of God, through faith. For as many of you as were baptized into Christ have put on Christ. There is neither Jew nor Greek, there is neither slave nor free, there is neither male nor female; for you are all one in Christ Jesus. And if you are Christ's, then you are Abraham's offspring, heirs according to promise.

I mean that the heir, as long as he is a child, is no better than a slave, though he is the owner of all the estate; but he is under guardians and trustees until the date set by the father. So with us; when we were children, we were slaves to the elemental principles of the universe. But when the time had fully come, God sent forth his Son, born of a woman, born under the law, to redeem those who were under the law, so that we might receive adoption as sons.

The Holy Gospel

The Reading is from the Gospel of Matthew 14:14-22

At that time, Jesus saw a great throng; and he had compassion on them, and healed their sick. When it was evening, the disciples came to him and said, "This is a lonely place, and the day is now over; send the crowds away to go into the villages and buy food for themselves." Jesus said, "They need not go away; you give them something to eat." They said to him, "We have only five loaves here and two fish." And he said, "Bring them here to me." Then he ordered the crowds to sit down on the grass; and taking the five loaves and the two fish he looked up to heaven, and blessed,

and broke and gave the loaves to the disciples, and the disciples gave them to the crowds. And they all ate and were satisfied. And they took up twelve baskets full of the broken pieces left over. And those who ate were about five thousand men, besides women and children. Then he made the disciples get into the boat and go before him to the other side, while he dismissed the crowds.

Communion Hymn of St. Paraskevi (sung with 'Praise the Lord')

Choir

The righteous will be remembered for ever. Alleluia.

Unless otherwise specified, events take place at Holy Apostles. For more information, please see website calendar and events page: holypostlesgo.org/calendar

Holy Communion— As you approach to receive Holy Communion, please help Fr. Tom by stating your baptismal name when he says, "The servant of God..." Even though Fr. Tom knows many of your names, this simple practice is helpful and appreciated.

Fellowship Hour — Coffee hour is back! We are excited to be in the final phase of our church remodel and we've been given the green light to offer a simple Coffee Hour starting this Sunday. Thank you for your patience over these past several months.

Camp Agape at All Saints Camp — Monday, Jul 27 - Sunday, Aug 2 • All Saints Camp and Retreat Center, 205 Camp Rd NW, Gig Harbor, WA 98335, USA — Camp Agape offers a week of joy, respite, and loving support for children with cancer and their entire families, completely free of charge.

Dormition Fast — **Saturday, Aug 1 - Saturday, Aug 15** — Prepare your heart for the Dormition of the Theotokos with two weeks of prayer and fasting to draw closer to the Mother of God.

Paraklesis for the Theotokos — Monday, Aug 3 • 6:00 PM-7:00 PM — Offer praise and petition to the Mother of God for the healing of our souls and bodies at the beautiful Paraklesis service.

Feast of The Holy Transfiguration of our Lord — Thursday, Aug 6 • Orthros: 8:30 AM-9:30 AM; Divine Liturgy: 9:30 AM-11:00 AM — Commemorate the Transfiguration of Christ, a revelation of His divine glory and a foretaste of the Kingdom of God.

Vespers for Dormition of the Theotokos at Church of the Assumption — Friday, Aug 14 • 7:00 PM-8:00 PM • Greek Orthodox Church of the Assumption, 1804 13th Ave, Seattle, WA 98122, USA — We join our brothers and sisters at the Church of the Assumption in Seattle for Vespers in anticipation of the Dormition of the Theotokos.

Feast of Dormition of the Theotokos at Church of the Assumption — Saturday, Aug 15 • Orthros: 8:45 AM-10:00 AM; Divine Liturgy: 10:00 AM-12:00 PM — We will commemorate the Dormition of the Theotokos, celebrating her bodily assumption into heaven and the promise of eternal life.

Construction Reminders

- **Bathrooms** — Bathrooms are located outside, in the building with the metal ramps. Parents, please escort your kids to the bathroom. Please do not lock bathrooms from the inside.



Help grow Christ's Church!

Help us reach our \$4.8M goal. All gifts gratefully appreciated! Stock gifts and memorial giving welcome as we build our future together.

Have you filled out your 2026 Stewardship form? Please do!



Read the latest Monthly eBulletin



Check out the Holy Apostles Corner Podcast!

