



Holy Apostles
ORTHODOX CHURCH

Thomas Sunday

APRIL 19, 2026



Growing Christ's Church Nourishing a Community of Love

Holy Apostles is a community of love and transformation in Christ. Our mission is to be an extended village, welcoming and encouraging both adults and children to participate in the Orthodox Christian Faith, as we grow together, like the Holy Apostles, to know, love and serve Jesus Christ.

Holy Apostles Orthodox Church

CONTACT

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PRIEST

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SUNDAY SERVICE TIMES

Orthros · 8:30 AM

Divine Liturgy · 9:30 AM

See online calendar at
HolyApostlesGo.org/calendar
for all upcoming services and events.

JURISDICTION

Holy Apostles is a parish under the jurisdiction of the Greek Orthodox Archdiocese of America in full communion with the Ecumenical Patriarch of Constantinople.



WELCOME VISITORS

Whether you are an Orthodox Christian new to the area or this is your first time visiting an Orthodox Church, we warmly welcome you to Holy Apostles. We are so glad you are here.

Please join us after the service for fellowship and a light coffee hour. We look forward to meeting you! Look for the visitors table and we will make sure to connect with you.

If you have any questions, an usher or greeter would be glad to help.

HOLY COMMUNION

Holy Communion is offered to baptized and chrismated Orthodox Christians who have prepared through fasting and prayer. At the close of the service, please come up to receive antidoron (blessed bread) which is offered to all.

A GUIDE TO THE SERVICE

The Divine Liturgy begins on page 19 of the hymnal at your seat. This bulletin mostly contains those elements of the service that change each week, including the hymns, readings, and prayers appointed for this Sunday.

STAY IN TOUCH

Visit our website, HolyApostlesGO.org, for our online calendar, events, news, and ministry information. Follow links to watch our livestream, listen to the parish podcast, read the monthly e-Bulletin and more!

Holy Apostles is an English-language parish within the Greek Orthodox Archdiocese. Some hymns and refrains are repeated in Greek. You will find the Greek text for most of these in the hymnal, on the page facing the English text.

COMMON PHRASES OF WORSHIP IN GREEK

Lord, have mercy
Κύριε, ἐλέησον
Kýrie, eléison

To You, O Lord
Σοί, Κύριε
Sí, Kýrie

Glory to You, O God
Δόξα σοι, ó Θεός
Dóksa sí, o Theós

Grant this, O Lord
Παράσχου, Κύριε
Paráschou, Kýrie

Holy God, Holy Mighty, Holy Immortal
Ἅγιος ó Θεός, Ἅγιος Ἰσχυρός, Ἅγιος Ἀθάνατος
Ágios o Theós, Ágios Ischyros, Ágios Athánatos

Let us pray to the Lord
Τοῦ Κυρίου δεηθῶμεν
Tu Kyriú deithómen

Orthros Gospel: Matthew 28:16-20

Mode: Grave (Tone 7)

Saints and Feasts

Thomas Sunday; Martyrs Emmanuel, Theodore, George, Michael, and the other George, of Samothrace; the Holy Hieromartyr Paphnutius; Tryphon, Patriarch of Constantinople; George the Confessor; Aelphege the Hieromartyr of Canterbury

Christ is Risen — Hymn of Pascha*Hymnal p. 153*

Christ is risen from the dead, by death trampling down upon death,
and to those in the tombs He has granted life.

Χριστός ἀνέστη ἐκ νεκρῶν, θανάτῳ θάνατον πατήσας, καὶ τοῖς ἐν τοῖς μνήμασι ζωὴν χαρισάμενος.
Christós anésti ek nekron, thanáto thánaton patísas, ke tis en tis mnímasi zoín charisámenos.

*The Antiphons***The First Antiphon***Refrain after each verse:*

Through the intercessions of the
Theotokos, Savior, save us.

The Second Antiphon*Refrain after each verse:*

Save us, O Son of God, who rose from
the dead, who sing to You: Alleluia.

The Third Antiphon*Refrain after each verse:*

Christ is Risen
See above

The Small Entrance

Priest: “Wisdom. Let us be attentive!” (Σοφία, ὀρθοί! | Sofía, orthí!)

“Bless God in the churches; bless the Lord from the fountain of Israel.”

People: Save us, O Son of God, Who rose from the dead. Save us who sing to You: Alleluia.

Christ is Risen*see above***Apolytikion of St. Thomas***Hymnal p. 155*

While the tomb was sealed You shone forth from it as light, O our life, Christ our God. And though the doors were closed You appeared in the midst of Your disciples. O resurrection of all, through them restore in us a new spirit in Your great mercy.

Apolytikion of Holy Apostles*Hymnal inside cover*

O holy Apostles, intercede with the merciful God, that He may grant to us forgiveness for our sinful souls.

Kontakion of Pascha*Hymnal p. 275*

Into the grave You descended, Immortal One, yet You destroyed the power of Hades, and as victor You arose, O Christ our God; You proclaimed to the myrrh-bearing women a greeting of joy, You brought peace to Your holy apostles, and to the fallen You granted resurrection.

*The Epistle***Prokeimenon. Tone 3. Psalm 146****Reader:** Great is our Lord, and great is His power.**Verse:** Praise the Lord, for the Lord is good.**Acts of the Apostles 5:12-20**

In those days, many signs and wonders were done among the people by the hands of the apostles. And they were all together in Solomon's Portico. None of the rest dared join them, but the people held them in high honor. And more than ever believers were added to the Lord, multitudes both of men and women, so that they even carried out the sick into the streets, and laid them on beds and pallets, that as Peter came by at least his shadow might fall on some of them.

The people also gathered from the towns around Jerusalem, bringing the sick and those afflicted with unclean spirits, and they were all healed. But the high priest rose up and all who were with him, that is, the party of the Sadducees, and filled with jealousy they arrested the apostles and put them in the common prison. But at night an angel of the Lord opened the prison doors and brought them out and said, "Go and stand in the temple and speak to the people all the words of this Life."

*The Holy Gospel***The Reading is from the Gospel of John 20:19-31**

On the evening of that day, the first day of the week, the doors being shut where the disciples were for fear of the Jews, Jesus came and stood among them and said to them: "Peace be with you." When He had said this, He showed them His hands and His side. Then the disciples were glad when they saw the Lord. Jesus said to them again, "Peace be with you. As the Father has sent me, even so I send you." And when He had said this, He breathed on them, and said to them: "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven; if you retain the sins of any, they are retained." Now Thomas, one of the twelve, called the Twin, was not with them when Jesus came. So the other disciples told him: "We have seen the Lord." But he said to them: "Unless I see in His hands the print of the nails, and place my finger in the mark of

the nails, and place my hand in His side, I will not believe." Eight days later, His disciples were again in the house, and Thomas was with them. The doors were shut, but Jesus came and stood among them, and said: "Peace be with you." Then He said to Thomas, "Put your finger here, and see my hands; and put out your hand, and place it in my side; do not be faithless, but believing." Thomas answered Him, "My Lord and my God!" Jesus said to him: "Have you believed because you have seen me? Blessed are those who have not seen and yet believe." Now Jesus did many other signs in the presence of the disciples, which are not written in this book; but these are written that you may believe that Jesus is the Christ, the Son of God, and that believing you may have life in His name.

*The Liturgy of the Faithful***Megalynarion of Thomas Sunday***Hymnal p. 309*

You are the shining light and the Mother of God, of incomparable glory and higher in dignity than all creatures;
with songs of praise we magnify you.

Communion Hymn of Thomas Sunday*Hymnal p. 320*

Exalt in the Lord, O Jerusalem; praise your God, praise your God, O Zion. (3) Alleluia.

Ἐπαίνει Ἱερουσαλήμ τὸν Κύριον· αἶνει, αἶνει τὸν Θεόν σου, Σιών. (3) Ἀλληλούϊα.

Epéni Ierousalím ton Kíriou; éni, éni ton Theón sou, Sión. (3) Allilouíia.

Post-Communion Hymn of Pascha*Hymnal p. 153*

Christ is risen from the dead, by death trampling down upon death, and to those in the tombs
He has granted life.

*The Lord's Prayer**Hymnal p. 77***English**

Our Father, who art in heaven,
hallowed be Thy name.
Thy kingdom come,
Thy will be done, on earth
as it is in heaven.

Give us this day
our daily bread;
and forgive us our trespasses,
as we forgive
those who trespass against us;
and lead us not into temptation,
but deliver us from evil.

Ελληνικά

Πάτερ ἡμῶν ὁ ἐν τοῖς οὐρανοῖς
ἀγιασθήτω τὸ ὄνομά σου,
ἐλθέτω ἡ βασιλεία σου,
γενηθήτω τὸ θέλημά σου,
ὡς ἐν οὐρανῷ καὶ ἐπὶ τῆς γῆς.

Τὸν ἄρτον ἡμῶν τὸν ἐπιούσιον
δος ἡμῖν σήμερον·
καὶ ἄφες ἡμῖν τὰ ὀφειλήματα ἡμῶν,
ὡς καὶ ἡμεῖς ἀφίεμεν
τοῖς ὀφειλέταις ἡμῶν·
καὶ μὴ εἰσενέγκῃς ἡμᾶς εἰς
πειρασμόν,
ἀλλὰ ῥύσαι ἡμᾶς ἀπὸ τοῦ πονηροῦ.

Greek Transliteration

Páter imón o en tis ouranís,
agiasthíto to ónomá Sou;
elthéto i vasilía Sou;
genithíto to thélímá Sou,
os en ouranó ke epi tis ghis.

Ton árton imón ton epiouision
dos imín símeron;
ke áfes imín ta ofelímata imón
os ke imís afíemen
tis ofilétes imón;
ke mi isenégis imás is pírasmón,
ala ríse imás apó tou poniroú.

In Memorial

A memorial is offered today in loving memory of Stella Allen, survived by Rob, Jackie, Andrew, Chris, Cheri, Antoni, Caroline, Ellen, Elliot, Linda, Guy, Connie, Jeff and Ken.

It has been 40 days since her passing.

✝ MAY HER MEMORY BE ETERNAL ✝

Troparia for Memorials

Hymnal p. 357E

Among the spirits of the righteous brought to perfection, give rest, O Savior, to the soul of Your servant. Keep her in blessed life with you, O Lover of mankind. Within your peace, O Lord, where all your saints repose, give rest also to the soul of Your servant, for You alone are immortal. Glory to the Father and the Son and the Holy Spirit. You are our God who descended into Hades and shattered the bonds of its captives. Grant rest also, O Savior, to the soul of your servant. Now and ever and to the ages of ages, Amen. O Virgin, the only pure and spotless, who ineffably gave birth to God, intercede with Him for the salvation of the soul of your servant.

Post Liturgy

Stewardship Prayer

Hymnal p. 362

Lord Jesus Christ, our God, accept our offerings as You accepted the gifts of Your people throughout the ages. We offer these gifts to Your glory, for the support of the ministries of Your holy Church, for the alleviation of suffering and hunger, and for the proclamation of Your Gospel to the whole world. Grant us Your blessing, Lord our Savior, that we may always be faithful stewards, continuing to share the gifts You have given us, by the power of Your grace, mercy and love. May your name be glorified forever. Amen.

Wisdom of the Fathers and Mothers

St. Gregory the Great

Homily 26 on the Gospels

The disbelief of Thomas has done more for our faith than the faith of the other disciples. As he touches Christ and is won over to belief, every doubt is cast away and our faith is strengthened.

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It has been 40 days since her passing.

+ MAY HER MEMORY BE ETERNAL +

Holy Week & Pascha Celebration

Thank You! We wanted to thank all of you who joined us in this sacred Paschal journey! May our Risen Lord continue to inspire us to extend our love to all.

Bible Study (Online)

Wednesday, Apr 22 • 12:00–1:00 PM • Zoom: 838 6157 6484

Join us as we deepen our understanding of God's word.

Men's Fellowship: Pub Night at Elliott Bay Brewing

Thursday, Apr 23 • 6:30–8:30 PM

Elliott Bay Brewing - Lake City, 12537 Lake City Way NE, Seattle

Enjoy an evening of good conversation and build community with other men from the parish.

Parish General Assembly: Mid-Year

Sunday, May 3 • 11:30 AM–12:30 PM

Please join us at the Mid-Year Parish General Assembly, where our Parish Council and Building Committee members will update us on recent activities.

Reminders

- Building Entrance — Due to ongoing construction, we have begun using a temporary new entrance; please follow the concrete walkway around behind the building to join us for services. The Narthex and hall will have limited weekday availability, with full Sunday services and fellowship continuing as usual in our available space. Thank you for your patience and prayers!
- Bathrooms — Bathrooms are located outside, in the building with the metal ramps. Parents, please escort your kids to the bathroom. Please do not lock bathrooms from the inside.
- Fellowship Hour — Coffee hour has been simplified while we remodel. Please contact your Coffee Hour lead for additional details.
- Parking — Please park within designated areas and keep all lot entrances fully accessible. Thank you for being a considerate neighbor and helping our traffic flow smoothly!

Paschal Greetings Around the World

English

Christ is Risen!
Truly He is Risen!

Greek

Christos Anesti!
Alithos Anesti!

Slavonic

Christos Voskres!
Voistinu Voskres!

Arabic

Al-Masih Qam!
Hakkan Qam!

Romanian

Hristos a înviat!
Cu adevărat a înviat!

Spanish

¡Cristo ha resucitado!
¡Verdaderamente ha resucitado!

French

Christ est ressuscité!
En vérité il est ressuscité!

Ukrainian

Khrystos Voskres!
Voistynu Voskres!

Have you filled out your 2026 Stewardship form? Please do!



Read the latest Monthly eBulletin



Check out the Holy Apostles Corner Podcast!

