



Holy Apostles

GREEK ORTHODOX CHURCH

The Nativity of the Theotokos

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WELCOME VISITORS

Whether you are an Orthodox Christian new to the area or this is your first time visiting an Orthodox Church, we warmly welcome you to Holy Apostles. We are so glad you are here. If you have any questions, an usher or greeter would be glad to help.

HOLY COMMUNION

Holy Communion is offered to baptized and chrismated Orthodox Christians who have prepared through fasting and prayer. At the close of the service, please come up to receive antidoron (blessed bread) which is offered to all.

A GUIDE TO THE SERVICE

The Divine Liturgy begins on page 19 of the hymnal at your seat. This bulletin contains elements of the service that change weekly, including variable hymns, readings, and prayers.



Growing Christ's Church Nourishing a Community of Love

Holy Apostles is a community of love and transformation in Christ. Our mission is to be an extended village, welcoming and encouraging both adults and children to participate in the Orthodox Christian Faith, as we grow together, like the Holy Apostles, to know, love and serve Jesus Christ.

Orthros Gospel: Luke 1:39 – 49, 56

Saints and Feasts

The Nativity of our Most Holy Lady Theotokos

Apolytikion of the Feast (Hymnal p. 177)

Your birth, O Theotokos, has filled the world with joy, for there rose from you the Sun of Justice, Christ our God. He destroyed the ancient curse and replaced it with a blessing, thus confounding death by giving us eternal life.

The Antiphons

The First Antiphon
Refrain after each verse:

Through the intercessions of the
Theotokos, Savior, save us.

The Second Antiphon
Refrain after each verse:

Save us, O Son of God, who are
wondrous among Your saints. Save
us who sing to You: Alleluia.

The Third Antiphon
After each verse:

Apolytikion of the Feast
See above

The Small Entrance

Priest: “Wisdom. Let us be attentive!” (Σοφία, ὀρθοί! | Sofía, orthí!)
People: Come, let us worship and bow down before Christ. Save us, O Son of God,
who are wondrous among Your saints. Save us who sing to You: Alleluia.

Apolytikion of the Feast (See above)

Kontakion of the Feast (Hymnal p. 229)

Your holy birth delivered Joachim and Anna from the reproach of childlessness and liberated Adam and Eve from death’s corruption, O Pure One. Thus freed from the stain of sin, we your people honor your birth, crying out to you: A woman thought barren brings forth the Theotokos who nourishes Christ our Life.

Trisagios Hymn (Hymnal p. 39)

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)
Ἄγιος ὁ Θεός, ἅγιος Ἰσχυρός, ἅγιος Ἀθάνατος, ἐλέησον ἡμᾶς. (3)
Ágios o Theós, ágios Ischyρός, ágios Athánatos, eléison imás. (3)

The Epistle

Prokeimenon. Mode 3. Ode ix.

Reader: My soul magnifies the Lord, and my spirit rejoices in God my Savior.

Verse: *For he has regarded the low estate of his handmaiden.*

For behold, henceforth all generations will call me blessed.

St. Paul's Letter to the Philippians 2:5-11

Brethren, have this mind among yourselves, which you have in Christ Jesus, who, though he was in the form of God, did not count equality with God a thing to be grasped, but emptied himself, taking the form of a servant, being born in the likeness of men. And being found in human form he humbled himself and became obedient unto death, even death on a cross.

Therefore God has highly exalted him and bestowed on him the name which is above every name, that at the name of Jesus every knee should bow, in heaven and on earth and under the earth, and every tongue confess that Jesus Christ is Lord, to the glory of God the Father.

The Holy Gospel

The Reading is from the Gospel of Luke 10:38-42; 11:27-28

At that time, Jesus entered a village; and a woman called Martha received him into her house. And she had a sister called Mary, who sat at the Lord's feet and listened to his teaching. But Martha was distracted with much serving; and she went to him and said, "Lord, do you not care that my sister has left me to serve you alone? Tell her then to help me."

But the Lord answered her, "Martha, Martha, you are anxious and troubled about many things; one thing is needful. Mary has chosen the good portion, which shall not be taken away from her." As he said this, a woman in the crowd raised her voice and said to him, "Blessed is the womb that bore you, and the breasts that nursed you!" But he said, "Blessed rather are those who hear the word of God and keep it!"

Wisdom from the Fathers and Mothers

Irenaeus of Lyons

How could the human race go to God if God had not come to us? How should we free ourselves from our birth into death if we had not been born again according to faith by a new birth generously given by God, thanks to that which came about from the Virgin's womb?

*The Liturgy of the Faithful***Megalynarion** (*Choir*)

Virginity is a state alien to mothers, and childbirth is foreign to those who are virgins. But in you, Theotokos, have both of these been accomplished. Indeed all generations everywhere now call you blessed evermore.

Communion Hymn (*Hymnal p. 324*)

I will lift the cup, lift the cup of salvation, I will lift the cup of salvation and call on the name of the Lord. (3)

Ποτήριον σωτηρίου λήψομαι καὶ τὸ ὄνομα Κυρίου ἐπικαλέσομαι. (3)

Potírion sotiríou lípsome ke to ónoma Kírrou epikalésome. (3) Allilóúia.

Post-Communion Hymn (*Hymnal p. 87*)

We have seen the true light; we have received the heavenly Spirit; we have found the true faith, worshipping the undivided Trinity, the Trinity who has saved us.

The Lord's Prayer

Hymnal p. 77

English

Our Father, who art in heaven,
hallowed be Thy name.
Thy kingdom come,
Thy will be done, on earth
as it is in heaven.

Give us this day
our daily bread;
and forgive us our trespasses,
as we forgive
those who trespass against us;
and lead us not into temptation,
but deliver us from evil.

Ελληνικά

Πάτερ ἡμῶν ὁ ἐν τοῖς οὐρανοῖς
ἁγιασθήτω τὸ ὄνομά σου,
ἐλθέτω ἡ βασιλεία σου,
γενηθήτω τὸ θέλημά σου,
ὡς ἐν οὐρανῷ καὶ ἐπὶ τῆς γῆς.

Τὸν ἄρτον ἡμῶν τὸν ἐπιούσιον
δός ἡμῖν σήμερον·
καὶ ἄφες ἡμῖν τὰ ὀφειλήματα ἡμῶν,
ὡς καὶ ἡμεῖς ἀφίεμεν
τοῖς ὀφειλέταις ἡμῶν·
καὶ μὴ εἰσενέγκῃς ἡμᾶς εἰς πειρασμόν,
ἀλλὰ ῥύσαι ἡμᾶς ἀπὸ τοῦ πονηροῦ.

Greek Transliteration

Páter imón o en tis ouranís,
agiasthító to ónomá Sou;
elthéto i vasilía Sou;
genithító to thélímá Sou,
os en ouranó ke epi tis ghis.

Ton árton imón ton epioúsion
dos imín símeron;
ke áfes imín ta ofelímata imón
os ke imís afíemen
tis ofilétes imón;
ke mi isenégis imás is pirasμόν,
ala ríse imás apó tou poniroú.

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and services online at
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Learn more about Fr.
Rob Spaliatsos, new
priest of Holy Apostles

